

Post-Operative advice following tongue tie (frenulotomy) procedure

Generally does not require much after care however please be aware of the below:

- Some babies may become unsettled and require pain relief. If your baby is over eight weeks old, you can use an age appropriate paracetamol, if your baby is under 8 weeks old you would need to contact GP for prescribed pain relief
- Expect some bleeding, blood tinged saliva is normal for the first couple of days after procedure – a gauze pack will be given to swab away if needed, bleeding is minimal; if bleeding should occur apply firm pressure using gauze swab for 10 minutes if does not settle contact the department or A+E (emergency only) if required
- A diamond shaped ulcer which appears white/yellow will be expected to form on the tongue tie area – do not worry this is completely normal and part of the healing process
- Continue to feed baby as normal – we will advise you to feed baby straight after procedure to provide comfort
- Issues are rare following tongue tie procedure

If you need any further advice or issues please contact the Maxillofacial Department

on **01782 674801** between 9.00-16.30 Monday to Friday.

Outside of our opening times you will need to visit your GP or A+E (emergency only)