



# Patient Information Sheet

## Intravenous sedation

### Introduction

This information will explain what you need to do on the day of your procedure and after the procedure. If you have any questions after reading the information, use the contact details at the bottom to speak to one of the team.

**If you are unable to make your appointment, please call us on 01782 674185.**

### On the day of your procedure

- **Please bring a Chaperone with you (over 18) to the appointment.** They **must** wait in the department waiting room whilst you have the procedure and then take you home. You will then need to be looked after for 24 hours.
- **Please do not eat 6 hours** before the appointment.
- You can drink water up to 2 hours before the procedure.
- Please remove any nail varnish or false nails.
- Wear loose clothing so access is easy when taking your blood pressure or inserting a cannula.
- If you have contact lenses, please do not wear them.
- Please do not bring any valuable items such as jewellery. Leave them at home.
- Bring any medication with you that you may need such as inhalers.
- Take medication as normal with a small sip of water unless we tell you otherwise.

### After the procedure

**Please drink plenty of fluids** to make sure you stay hydrated and eat as normal as this will help you to recover quicker.

A responsible adult will need to be with you during the first 24 hours whilst you recover from the sedation.

#### During the first 24 hours:

- **Do not** go out alone.
- **Do not** drive a car
- **Do not** operate any hazardous devices.
- **Do not** make important decisions or sign any documents.
- **Do not** drink alcohol.
- **Do not** breastfeed if you are a nursing mother.

### Contact details

**Monday to Friday 8.30am to 4pm      01782 674801**