

# BRINGING MND RESEARCH TO YOU

TiM-Research is an online platform that helps people with MND in the UK take part in research. It brings MND research studies together in one place, making it quick and easy to learn about opportunities to get involved.

## What's involved?

You will receive information about a wide range of research studies that you can sign up for. This could include filling out questionnaires that help researchers understand how MND progresses, providing biosamples (e.g. saliva), or taking part in interviews and focus groups about your experiences. You can choose which studies you want to take part in. You will also get news about research results from the UK MND Research Institute.



**Create an account  
on TiM-Research**



**Sign up to take part in  
research studies**



**Get regular updates  
about the studies**

## Who can take part?

If you live with MND and are based in the UK, you can sign up for TiM-Research. To join, you need a computer, phone, or tablet with an internet connection. A family member or carer can help you participate. Your information will be kept secure and confidential.

## How do I sign up?

Visit the website to find out more or sign up. To speak to a member of the TiM-Research team, please call or email us.



**[www.bit.ly/ukmndri-Tim-R](http://www.bit.ly/ukmndri-Tim-R)**



**[tim-r@sheffield.ac.uk](mailto:tim-r@sheffield.ac.uk)**



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“ TiM-Research has made it so much easier for me to get involved. It is really user-friendly, and I can access studies from the comfort of my own home without the need for travel or in-person appointments. I am excited to see how this will give me the opportunity to contribute to important research and feel like I'm making a difference. ”

**- Jennie Starkey, who has MND  
and lives in Bedfordshire**