

NOTES Use the space below to write questions

Contact Details

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Patient Information Leaflet

Pre operative Intravenous (IV) sedation



Please speak to a member of staff if you need this leaflet in large print, braille, audio or another language

Introduction

This leaflet provides you with information on **Intravenous (IV)** sedation. If after reading the leaflet you have any questions, please speak to a member of the team.

What is IV sedation?

This is a method used to help patients who are anxious about dental treatment. It can also be used for other reasons such as surgical procedures.

The IV sedation (given through a vein) does not make you go to sleep so you are still able to follow simple instructions. It just makes you feel more relaxed.

A local anaesthetic (injection in the mouth) is also given to numb the surgical site in addition to the IV sedation. This is given after the sedation takes effect.

Preparing for the procedure

- Please make arrangements to bring an chaperone with you (over 18) so they can take you home and look after you for the first 24 hours. Chaperone must wait in the waiting room during the test.
- Take your medication as normal unless you are advised otherwise at your consultation appointment.

- **Please bring medication with you that you may need such as inhalers.**

A pregnancy test is carried out routinely for women in the department before the treatment.

Day of the procedure

Failure to follow the instructions below may result in the cancellation of your procedure.

- **Do not eat 6 hours before** the appointment.
- You can drink water up to 2 hours before the procedure.
- **Remove any nail varnish or false nails** as this can interfere with the monitoring probe.
- **Wear loose clothing** as access is required to both arms to insert a cannula/take blood pressure.
- Please bring a **chaperone** with you.

During the procedure

- A small needle is placed in the back of your hand or arm through a vein.
- The needle is removed leaving a small tube in the vein called a cannula.
- Your heart rate, blood pressure and breathing will be monitored throughout the procedure.
- You will be monitored in the recovery room until we are happy to discharge you.