

# CASE STUDY

400 patients per year

25 -30 sessions per day Mon – Fri

➤ **75 -90** plastic cups taken out of domestic waste each week

Over **200** re-usable bottles issued since August

Cost: **£590.40**  
including VAT for 400 water bottles



## Reusable water bottles help to reduce single-use plastic waste

### Urology Radiotherapy team at Royal Stoke's Cancer Centre

A lot of patients attending Therapeutic Radiography appointments are required to have a full bladder.

We were giving them at least three plastic cups of water at each session.

Now we provide each patient with their own re-usable sports water bottle which they bring to their appointments.

The bottle has QR code links to the UHNM charity page, and to prostate info online – tips on filling bladder and keeping hydrated.

These new bottles are helping to reduce the amount of single-use plastics we get through and also improve patient experience.

*"The bottles have gone down well. We've seen lots of patients walking around with them, so hopefully they're something they'll continue to re-use."*

Keren Barker, Urology Advanced Practitioner in Radiotherapy

