

Contact Details

If you have any questions please speak to your Orthoptist or a member of the Healthcare Team that has been caring for you.

Eye Unit / Orthoptic Department

Tel: 01782 676001 option 5

www.uhnm.nhs.uk/our-services/orthoptics



University Hospitals
of North Midlands
NHS Trust

Patient Information Leaflet

Referral to Paediatric Ophthalmology Shared Care (POSC) Optometrist



Please speak to a member of staff if you need this leaflet in large print, braille, audio or another language

Introduction

This leaflet provides you with information regarding your child's referral to the **Paediatric Ophthalmology Shared Care (POSC) Optometrist**.

It is not meant to replace the discussion between you and your Doctor/Healthcare Professional but may act as a starting point for discussion.

If after reading it you have any concerns or require further explanation, please discuss this with a member of the Healthcare Team who has been caring for you.

Reason for referral

Your child has been assessed today and the Orthoptist has recommended further investigations with one of our **Paediatric Shared Care (PSC) Optometrists** due to:

We have referred you to:

The POSC optometrists are hospital approved specialists and are experienced in testing children.

Longton

Neil Horn or

Kirsty Greatbatch

Tel: 01782 313693

Royles Ltd Opticians, 77 The Strand, Longton ST3 2NS.

Meir

Irfan Razvi

Tel: 01782 314673

Razvi Optometrists Ltd, 57-59 Weston Road, Meir, ST3 6AB.

Newcastle

Peter Harvey or

Mandy Sherratt

Tel: 01782 714444

Specsavers, Unit 9, Castle Walk, Newcastle, ST5 1AN.

John Stevenson

Tel: 01782 619175

Stevenson Jones Opticians, 6 Friars Street, Newcastle, ST5 2DZ.

Helen Collins or

Theresa Adamson

Tel: 01782 617044

Bayfields Opticians, 8 Ironmarket, Newcastle, ST5 1RF

Tunstall

Kirsty Greatbatch

Tel: 01782 837961

James Herd Opticians, 59 High Street, Tunstall, ST6 5TA.

POSC Optometrists

It is essential you attend one of these specific practices. If you would prefer to attend another optometrist from the list, please inform the Orthoptic department on 01782 674 333.

Blythe Bridge

Gillian Scarisbrick

Tel: 01782 388355

Gillian E. Scarisbrick Optometrist,
266 Uttoxeter Road, Blythe Bridge, ST11 9LY.

Biddulph

Stephen Cotton

Tel: 01782 519956

SW Cotton Optometrist, 75 High Street, Biddulph ST8 6AA.

Congleton

Amy Thompson

Tel: 01260 270941

L. Thompson Optometrists Ltd. Congleton Eye Care Centre, 5-7 West Street, Congleton, Cheshire, CW12 1JN

Kidsgrove

Stephen Cotton

Tel: 01782 782385

S.W.Cotton Optometrist, 92 Liverpool Road,
Kidsgrove, ST7 4EH.

Leek

Stewart Townsend

Tel: 01538 382090

B. Newbold Opticians, 49 St. Edwards St, Leek,
Staffordshire ST13 5DN.

At the appointment

Your child **will need drops in their eyes** unless specified otherwise by your Orthoptist. This is to enable the Optometrist to check for glasses and assess the health of the eyes.

The Optometrist will put the drops in on arrival at the opticians. This can take up to 40 minutes to work.

The drops will temporarily enlarge the pupils (dilate) and relax the muscles in their eyes.

Please attend your Optometrist appointment and let us know if you are not able to make the appointment so another one can be arranged.

Failure to attend may result in you being discharged from the Orthoptic Department.

After the appointment

Glasses will be prescribed if needed. These may be obtained from the optometrist, who has tested your child's eyes. Alternatively, you may take the prescription to another optometrist and have the glasses made up there.

An appointment will be sent out to your child if needed to see the orthoptist again.

Glasses prescribed should be worn full-time, unless stated otherwise by the optometrist or orthoptist.

Side effects of the drops

Any effects usually clear within 24 hours but can last for up to 2 days. Please bear this in mind when crossing the road with your child, or if they are returning to school after the eye examination.

If you have any concerns immediately following the use of the drops please speak to your optometrist.

The drops can:

- Make your eyes sensitive to light.
- Cause blurred vision.
- Cause temporary irritation/stinging.
- Increase pressure within the eye.

An **allergic reaction** may occur if an unusual dose is given and there may be:

- An increased redness/flushing and/or dryness of the skin.
- Red watery eyes with possible white mucus discharge.
- Changes to sense of touch/vision.
- Heart beat irregularities.
- Problems with balance.
- Rash.
- Fever.
- Changes to behaviour.
- Confusion/drowsiness/hallucination.