

Patient Information

Respiratory Physiology Fractional exhaled Nitric Oxide (FeNO)

What is a FeNO test?

This is a measurement of the amount of nitric oxide in your breath and produces a score which gives a value to the level of inflammation and aids the diagnosis of asthma.

Preparing for the test

On the day of your appointment:

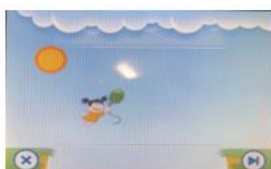
- Check your appointment letter for any medication you are required to withhold.
- Please wear comfortable and unrestrictive clothing.
- **Do not** smoke or have any alcohol.
- Please do not eat a large meal.
- **Do not** do any form of heavy exercise.

During the test

You will be asked to take a deep breath in through the machine and then blow out into the room at a steady pace for 10 seconds. The machine has a visual display shown below, so you can gauge the speed that you are required to blow.

Balloon:

Pressure correct



Pressure too high



Pressure too low



Cloud:

Pressure correct



Pressure too high



Pressure too low



Meter:

Pressure correct



Pressure too high



Pressure too low

