

## What if they turn more now without the glasses?

If this happens, it is because your child has got used to having clear vision with the glasses on.

When they take the glasses off they have to put extra focussing work and this can make the squint look more noticeable than it did before they had glasses.

## Can the glasses be removed for PE/ Swimming?

You can buy prescription goggles and sports glasses if appropriate for your child.

Children can wear their glasses if it is non-contact sport as this helps them due to their 3D vision when wearing their glasses.

Contact lenses work in the same way as glasses and may also be an option when your child is old enough

## Contact Details

### Eye Unit

Tel: 01782 676001

**Orthoptic Department                      option 5**

**Emergency Eye Department            option 1**

## Eye Condition Patient Information Leaflet

# Fully Accommodative Esotropia



Please speak to a member of staff if you need this leaflet in large print, braille, audio or another language

## Introduction

This leaflet provides you with information on Fully Accommodative Esotropia.

It is not meant to replace the discussion between you and your Doctor/Healthcare Professional but may act as a starting point for discussion.

If after reading it you have any concerns or require further explanation, please discuss this with a member of the Healthcare Team who has been caring for you.

## What is Fully Accommodative Esotropia?

This is a type of inwards squint/strabismus (turn of the eye) that happens due to excess focussing, called Accommodation which causes the eyes to turn inwards.

This is a squint that is fully corrected by glasses and allows your child to have 3D vision when they wear the glasses. The onset is usually between the ages of 6 months and 5 years.

## What causes Fully Accommodative Esotropia?

As above, the squint itself is caused by excess Accommodation. Often, the condition is hereditary.

Whilst squints of all kinds are generally more common in children with other health problems, there is no known link with any particular other medical conditions.

It is not unusual for a squint to be present independently of any other health problems.

## What are the treatment options?

Children with this type of squint are examined by one of our Specialist Optometrists (or Opticians) in the community where they are usually found to be long-sighted and given a pair of glasses.

The glasses then help the child focus naturally, relaxing the muscles and no longer causing their eyes to turn inwards. There is normally no other treatment needed for this type of squint.

## Will my child always need glasses?

The level of long-sightedness may change as the child gets older, but this is normally not enough for them to grow out of it completely.

As the glasses are correcting the squint, it is beneficial to continue to wear the glasses.

## Will my child need surgery?

No, your child needs their glasses to see and keep normal visual development.

If we corrected the squint without the glasses, the eyes would be too relaxed when your child wore their glasses. Their eye may then turn out when wearing their glasses.

## What if my child's eye still turns in without the glasses?

The glasses help the squint so if the child takes them off their eye will continue to turn inwards. This is because they need to over focus without glasses. When they put the glasses back on their eye will be straight again