

Dear Patient

You have been given two Nutricia preOp drinks to have before your surgery



Nutricia preOP is a drink designed for patients undergoing surgery. It is a clear, still, lemon flavoured drink that contains carbohydrates and minerals

Undergoing surgery can put a strain on your body. In order for your body to cope, your energy needs may increase at a time when you are not able to eat normally.

Please follow the instructions below

Have 1st Nutrica preOp drink – 10pm evening before surgery

Have 2nd Nutricia preOp drink – 6am morning of surgery

Nutricia preOp drinks can be stored at room temperature, however you may prefer to drink them chilled

Pre-AMS Department

Royal Stoke and County Hospital