



Ref: FOIA Reference 2023/24-531

Date: 29<sup>th</sup> November 2023

Email [foi@uhnm.nhs.uk](mailto:foi@uhnm.nhs.uk)

Dear

I am writing to acknowledge receipt of your email dated 10th September 2023 requesting information under the Freedom of Information Act (2000) regarding breast health

As of 1<sup>st</sup> November 2014 University Hospitals of North Midlands NHS Trust (UHM) manages two hospital sites – Royal Stoke University Hospital, and County Hospital (Stafford). Therefore the response below is for the two sites combined from that date where appropriate.

**Q1 Do you have a Staff Health and Wellbeing Lead in your organisation?**

A1 Yes

**Q2 Do you have a Staff Wellbeing Team and what is the structure?**

A2 No

**Q3 Where does staff health and wellbeing sit within your organisation?**

A3 The Organisational Development, Culture & Inclusion Team which is within the People Directorate (formerly known as the Human Resources Directorate)

**Q4 Do you have a Mental Health First Aid programme?**

A4 No

**Q5 How many Mental Health First Aiders do you have?**

A5 Six (6)

**Q6 How many Health and Wellbeing Champions do you have?**

A6 One hundred and twenty seven (127)

**Q7 Has staff health and wellbeing had financial investment since 2021?**

A7 Yes

**Q8 Does your organisation offer staff training? If so, what training do you offer?**

A8 Yes. We offer a variety of wellbeing training some of which change on a monthly basis. Below are the courses we have offered within the last 12 months.

A Managers response to Stress in the Workplace  
Assertiveness & Communication  
Being Kind in action  
Critical Incident Stress Management (CISM)  
Financial Wellbeing - Managing Household Finances  
Financial Wellbeing - Plan for Retirement  
RESPOND Training (having a wellbeing conversation)  
Taming Anxiety

\*Please note that any individuals identified do not give consent for their personal data to be processed for the purposes of direct marketing.

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An anonymised copy of this request can be found on the Trust's disclosure log, please note that all requests can be found at the following link: <http://www.uhnm.nhs.uk/aboutus/Statutory-Policies-and-Procedures/Pages/Freedom-of-Information-Disclosure-Log.aspx>

This letter confirms the completion of this request. A log of this request and a copy of this letter will be held by the Trust.

If you have any queries related to the response provided please in the first instance contact my office.

Should you have a complaint about the response or the handling of your request, please also contact my office to request a review of this. If having exhausted the Trust's FOIA complaints process you are still not satisfied, you are entitled to approach the Information Commissioner's Office (ICO) and request an assessment of the manner in which the Trust has managed your request.

The Information Commissioner may be contacted at:



University Hospitals  
of North Midlands  
NHS Trust

Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF or via [www.ico.org.uk](http://www.ico.org.uk).

Yours,

**Rachel Montinaro**

Data Security and Protection Manager - Records