

Care Pathway - BMI ≥35

Gestation (weeks)	Purpose of Visit	Location/ Clinician	Appointment Date & Time
6-10	Booking history Booking bloods VTE assessment Refer anaesthetic review if BMI>40 Lifestyle programme Patient information leaflet	CMW	
11-13	Dating scan	Community scan	
16-18	Antenatal assessment Offer Quadruple Test	CMW	
18-20	Anomaly scan	Community scan	
25 First pregnancy only	Antenatal assessment Mat B1	CMW	
28	Growth scan Obstetric Review Repeat bloods Mat B1 (multips) Check weight and VTE assessment	ANC/Scan	
	Anti D if required	ANC	
	GTT		
31 First pregnancy only	Antenatal assessment	CMW	
34	Growth scan Obstetric Review Check weight and VTE assessment Manual handling and equipment needs assessment if BMI>40 Waterlow score if BMI>40	ANC/Scan	
36	Antenatal assessment Birth Plan	CMW	
38	Antenatal assessment	CMW	
40 First pregnancy only	Antenatal assessment Offer membrane sweep	CMW	
41	Antenatal assessment Offer membrane sweep Book IOL T ⁺¹²⁻¹⁴	CMW	

