

**Royal Stoke University Hospital**

Ref: FOIA Reference 2020/21-202

**Data, Security and Protection**  
Newcastle Road  
Stoke-on-Trent  
Staffordshire  
ST4 6QG

Date: 14<sup>th</sup> September 2020

Email [foi@uhnm.nhs.uk](mailto:foi@uhnm.nhs.uk)

Dear

I am writing in response to your email dated 26<sup>th</sup> August 2020 (received into our office 27<sup>th</sup> August) requesting information under the Freedom of Information Act (2000) regarding Trust guidelines

As of 1<sup>st</sup> November 2014 University Hospitals of North Midlands NHS Trust (UHNM) manages two hospital sites – Royal Stoke University Hospital, and County Hospital (Stafford). Therefore the response below is for the two sites combined from that date where appropriate.

**Q1 As part of my research I require some information which will assist me in writing my thesis.**

**Please could I have copies of any clinical guidelines and referral criteria/pathways used by MWs for referring women for perinatal mental health care; and also any perinatal mental health training materials that is relevant to the MWs within your Trust?**

A1 Attached is the current working guideline - Achieving Sustainable Quality in Maternity Services (ASQUAM) Perinatal Mental Health Guideline. This is currently being updated in line with NICE Antenatal and postnatal mental health: clinical management and service guidance Clinical guideline [CG192]  
Perinatal Mental Health Training is not currently on the annual mandatory training day, but this is being reviewed by the Trust

Please see attached document

Please also note:

There is a midwife with specialist interest in mental health within the directorate who is supported by a mental health nurse with an obstetrician lead. They provide support and advice to women who are not currently engaged with mental health services but require some enhanced care and refer to voluntary agencies and others. They offer telephone and face to face appointments for twice weekly clinics. They will also review and support women as inpatients needing low level intervention and support referral to the acute mental health response team as required. The midwife also liaises with the Parent and Baby day unit as part of the MDT to ensure that care plans are shared for any pregnant women coming to UHNM. This has been a significant and positive step towards collaborative multi agency working. A bid by perinatal mental health services supported by maternity and as part of the Maternity transformation funds, has been submitted to enhance mental health support for women with tocophobia and birth trauma.

\*Please note that any individuals identified do not give consent for their personal data to be processed for the purposes of direct marketing.

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An anonymised copy of this request can be found on the Trust's disclosure log, please note that all requests can be found at the following link: <http://www.uhnm.nhs.uk/aboutus/Statutory-Policies-and-Procedures/Pages/Freedom-of-Information-Disclosure-Log.aspx>

This letter confirms the completion of this request. A log of this request and a copy of this letter will be held by the Trust.

If you have any queries related to the response provided please in the first instance contact my office.

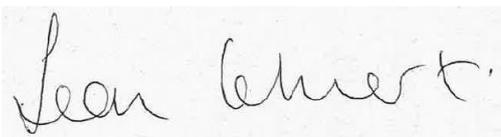
Should you have a complaint about the response or the handling of your request, please also contact my office to request a review of this. If having exhausted the Trust's FOIA complaints process you are still not satisfied, you are entitled to approach the Information Commissioner's Office (ICO) and request an assessment of the manner in which the Trust has managed your request.

The Information Commissioner may be contacted at:

Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF or via [www.ico.org.uk](http://www.ico.org.uk).

If following review of the responses I can be of any further assistance please contact my secretary on 01782 671612.

Yours,



Jean Lehnert  
**Data, Security & Protection Manager**



University Hospitals  
of North Midlands  
NHS Trust

