

## Orthodontic Department

You will be treated under  
the care of Consultants:-

Mr J.D Muir

Mr J Shah

Mr J.M Scholey

Miss K.J Jiggins

Miss L Mangnall

Miss S Kotecha

We are a teaching  
department so we have  
other dental care  
professionals that may  
participate in your  
treatment. Our  
department includes  
Senior Registrars,  
Registrars, Clinical  
Assistants and Dental  
Nurses.

## Orthodontic Department

**Tel No: 674653**

Monday to Friday

9.00am to 1.00pm

2.00pm to 4.30pm

**Visit our  
Website**

**www.uhns.nhs.  
uk**

**Click on 'our  
services'  
then  
'orthodontics'**



University Hospital of North  
Staffordshire

## Orthodontic Department

**Functional  
Appliances**



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## Functional Appliances

- ◆ Functional appliances are used to encourage the development of the jaws and are a powerful method of correcting the way you bite.
- ◆ These appliances come in two parts called a twinblock brace.
- ◆ The two part brace is designed to work together and should be worn at the same time. Try and ensure that your teeth are together and your lips are closed.
- ◆ These appliances are only effective during periods of rapid growth and therefore require **full time wear** i.e. 24 hours a day. We encourage you to wear them whilst eating.
- ◆ Failure to wear this appliance will result in the bite returning to its start position and may lead to treatment being discontinued.
- ◆ Your teeth and jaws will feel a little tender for the first 3-5 days, and there will be some effect on your speech and the amount of saliva in your mouth. This is normal and will quickly disappear as you get used to the appliance.
- ◆ The appliance should only be removed for swimming, contact sports and of course for cleaning.
- ◆ When the appliance is not in your mouth, it should be kept in a protective box. A plastic tupperware typebox is ideal or brace boxes are available to purchase from the orthodontic department.
- ◆ Cleaning is very simple. Scrub the brace with a normal toothbrush and toothpaste.
- ◆ It is important that you contact the department in the event of a breakage or inability to wear it on 01782 674653. If you lose, or severely damage your brace you will have to pay for a replacement. So PLEASE look after it well.



*Side view of a  
Twinblock Appliance*

### Other Instructions