

I need advice during the week between the hours of 9AM to 5PM

I need urgent advice or support at a weekend or after 5PM

What do you require advice about?

Concerns/questions about medications

Pain/symptoms or feeling unwell

Questions/concerns about planning for your future

Questions/concerns about financial matters

Contact:
Your GP practice
or
Your Community Palliative Care Nurse
or
Medicines Helpline:
01782 674537
or
Your local pharmacy

Contact:
Your GP
or
Your Community Palliative Care Team (If you are known to the team, if not your GP could make a referral if appropriate)
or
Age UK Stafford & District: 01785 607060
or
Your Community Matron (if you are known to a Community Matron, if not your GP could make a referral if appropriate).

Contact:
Macmillan cancer support:
0808 8080000
or
Disability solutions:
01782 683800

IF YOU HAVE AN EMERGENCY DIAL 999
or
If you require urgent advice contact:

GP out of hours (This telephone number can usually be obtained from the answer phone message of your GP telephone line).
or
NHS direct: 111
or
Douglas Macmillan Advice line: 01782 344300
(Accessible to all Staffordshire patients).
or
Your District Nurse (If you are known to a District Nurse team)

Contact:
Your GP
or
Your Community Matron (If you are known to a Community Matron, if not your GP could make a referral if appropriate).
or
Your community Palliative Care Nurse (If you are known to the team, if not your GP could make a referral if appropriate).
or
Your District Nurse (If you are known to a District Nurse, if not your GP could make a referral if appropriate).
or
NHS Direct on:111