**Specialist Palliative Care Team- UHNM**

**Dr Sarah Kelt- Consultant in Palliative Medicine**

**Professional Qualifications:** MRCP Royal College of Physicians London 2005, CCT and included on the Specialist Register for Palliative Medicine 2009

**Academic Qualifications:** MBChB University of Dundee 2002

**Relevant Additional Training:** Level 2 psychological support training, “First aid” cognitive behavioural therapy (St Christopher’s Hospice), Advanced course in pain and symptom management (Sobell House), Foundation course in acupuncture (BMAS), Training consultant teachers, 6th Palliative Care Congress, Quality assurance training for good clinical practice in research, Bristol opioid conference, Advanced communication skills training (Compton Hospice, GMCN), focussed abdominal ultrasonography in palliative care.

**Professional Career:** After qualifying, Sarah worked as a junior doctor in UHNM working in a variety of specialities including Oncology, Renal Medicine, Neurology, A&E, General Medicine and GI surgery. After completing professional qualifications Sarah started speciality training in Palliative Medicine in the West Midlands. She completed posts at Severn Hospice, New Cross Hospital, Compton Hospice and Douglas Macmillan Hospice. Since becoming a consultant in 2009 Sarah has worked at both the UHNM and Douglas Macmillan Hospice. Sarah is the clinical lead for the Palliative Care Team and for End of Life at UHNM.

**Professional Qualifications:** Membership of the Royal College of Physicians (UK) 1998, CCT and included on the Specialist Register for Palliative Medicine 2004

**Academic Qualifications:** MBBS University of Newcastle upon Tyne 1995, MSc Palliative Medicine 2003

**Relevant Additional Training:** Advanced communication skills, advanced course in pain and symptom management, focussed abdominal ultrasonography in palliative care, Postgraduate certificate in medical education.

**Professional Career:** After qualifying, Claire worked as a junior doctor in the North East working in a variety of specialities including General Medicine, Elderly Medicine, General Practice, and Elderly Psychiatry. After completing professional qualifications Claire spent 6 months working in Hospice Uganda in Kampala before starting speciality training in Palliative Medicine in Oxfordshire. Claire was the Medical Director of Douglas Macmillan Hospice from 2005-2018. In addition to her clinical role as a Consultant in Palliative Medicine at UHNM, Claire is also the Year 3 Co-Lead for the Medical Undergraduate course at Keele University.

**Dr Caroline Bruckner-Holt - Consultant in Palliative Medicine**

**Professional Qualifications:** Membership of the Royal College of Physicians UK (MRCP) 2009, MRCP Palliative Medicine 2012, CCT and included on the Specialist Register for Palliative Medicine 2015.

**Academic Qualifications:** MBBS University of London 2004, BSc Neuroscience University College London 2001, MSc Palliative Medicine University of Bristol 2014

**Relevant Additional Training:** Advanced communication skills, advanced course in pain and symptom management, focussed abdominal ultrasonography in palliative care, clinical hypnosis and stress management

**Professional Career:** After qualifying, Caroline worked as a junior doctor in the London and the West Midlands in a variety of medical specialities. Palliative Medicine specialty training was undertaken in the West Midlands and Caroline is now a consultant at Katharine House Hospice, Stafford and at UHNM.

**Dr Kirsten Tay - Consultant in Palliative Medicine**

**Professional Qualifications:** Membership of the Royal College of Physicians London 2005, CCT and included on the Specialist Register for Palliative Medicine 2015

**Academic Qualifications:** Medical State Exam Germany 2001

**Relevant Additional Training**: Advanced communication skills training, Advanced course in pain and symptom management (Sobell House), Foundation course in acupuncture (BMAS)

**Professional Career**: After qualifying,Kirsten hasworked as a junior doctor in Dorset and Essex in a variety of specialities including Respiratory Medicine, Diabetes & Endocrinology, Elderly Care, Cardiology and Renal Medicine. After completing her MRCP Kirsten moved to Scotland and worked in Oncology and Palliative Medicine for two years before commencing specialty training in the West Midlands. Since becoming a consultant in 2015 Kirsten has worked mostly at Katharine House Hospice and with the Stafford community Palliative Care team.

**Nicki Morgan- Macmillan Palliative Care Advanced Nurse Practitioner/ Team Leader**

**Professional Qualifications**: Registered Nurse - Adult, Specialist Practitioner - District Nursing, Principles of Physical Assessment, Nurse Independent / Supplementary Prescriber (V300)

**Academic Qualifications**: Diploma in Adult Nursing; ENB 998 Teaching and Assessing in Clinical Practice; ENB R01 Clinical Supervision Skills for Supervisors Course; ENB A18 Diploma in Palliative Care; BSC (Hons) Nursing Studies; BSC (Hons) Community Health; MA Ethics of Cancer and Palliative Care (Merit).,

**Relevant Additional Training**: Level 2 Psychological Support Training; Advanced Communication Skills Training (Compton Hospice / Greater Midlands Cancer Network);‘First Aid’ Cognitive Behavioural Therapy (St Christopher’s Hospice); The Oxford Advanced Courses in Pain and Symptom Management (Sobell Study Centre).

**Professional Career**: Nicki’s nursing practice is grounded in Gynae - Oncology and community nursing which led to an interest in palliative care. In 1999 as Team Leader, Marie Curie Cancer Care (West Midlands), Nicki developed her knowledge and skills in community palliative care and in 2003 progressed further into specialist palliative care as a PCNS at the Douglas Macmillan Hospice. Nicki joined the team here at the UHNM in June 2012 and in July 2013 was appointed as Lead NP for the palliative care team.

**Lisa Cooper**- **Macmillan Palliative Care Nurse Practitioner**

**Professional Qualifications**: Registered Nurse – Adult; Nurse Independent / Supplementary Prescriber (V300)

**Academic Qualifications**: BSC (Hons) Nursing Studies; Currently undertaking MSc Palliative and End of Life Care - has successfully completed Palliative and End of Life Care and Symptom Management Modules; Physical Assessment. Teaching and Assessment in Clinical Practice (ENB 998)

**Relevant Additional Training**: Level 2 Psychological Support Training; Advanced Communication Skills Training.

**Professional Career**: Lisa has worked within specialist palliative care at the UHNM for the last six years. She qualified in 2004 and her back ground is vascular surgery, district nursing and working with the community matron team focusing on nursing home residents. Her specialist interest is in end of life care particularly within the elderly and NIV patients.

**Trish O’Neill**- **Macmillan Palliative Care Nurse Practitioner**

**Professional Qualifications**: Registered Nurse – Adult; Nurse Independent / Supplementary Prescriber (V300)

**Academic Qualifications**: Diploma in Nursing; Teaching and Assessment in Clinical Practice (ENB 998); Physical Assessment (Masters level); Intermediate Care Module and Acute Care Module, Level 3.

**Relevant Additional Training**: Level 2 Psychological Support Training; Advanced Communication Skills Training. Has also undertaken a number of NHS management courses and prince 2 project management.

2015 ‘The Oxford Advanced Courses in Pain and Symptom Management’, (Sobell House).

**Professional Career**: Trish Qualified at The West Middlesex University Hospital , West London and has worked in a number of different trusts as a staff nurse and ward manager as well as working in the Middle East within Surgery and Emergency care. Trish worked in the Emergency Department and the complex discharge team here at the UHNM. Trish has led on Trust wide transformation projects, appointed as Project Manager for end of Life Care in 2010, developing the Trusts end of Life care strategy .Trish Joined the SPCT in 2011, and has a particular interest in Palliative Care Education and Professional Development.

 In 2018 Trish took early Retirement but has returned to the team on a part time basis.

**Nicola Adams - Macmillan Palliative Care Nurse Practitioner**

**Professional Qualifications**: Registered Adult Nurse

**Academic Qualifications:** BSC (Hons) Adult Nursing practice, Research Methodology module (masters level), Principles of physical assessment module, currently undertaking independent and supplementary prescribing module (masters level).

**Relevant Additional Training**: Advanced communication skills training. The Oxford Advanced Course in Pain and Symptom Management (Sobell Study Centre). Level 2 Psychological Support Training. Leadership course.

**Professional Career:** Nicola trained in Shropshire and has worked in a number of different trusts as a Staff Nurse on a surgical ward and in an Accident and Emergency department before starting her career as a Specialist Palliative Care Sister. Nicola joined the Palliative Care Team at UHNM in August 2014.

**Dani Jervis– Macmillan Palliative Care Nurse Practitioner**

**Professional Qualifications:** Dip HE Adult Nursing

**Academic Qualifications:** Mentorship, Undertaking Generic Pathway Degree.

**Relevant Additional Training:** Sage and Thyme Facilitator, Advanced communication skills training.

**Professional Career:** Dani trained at Keele University and qualified in 2008. Dani started her career on an acute Diabetes and Endocrine ward where she had experience in the roles of acting deputy ward manager and SSNQ. Dani has always had a keen interest in Palliative care and was the Palliative Care Clinical Champion on the ward for a number of years. In July 2014 Dani joined the Palliative care Team for a 6 month secondment as the AMBER care bundle facilitator and in June 2015 took a permanent position within the team as a CNS where she had a dual role of education/teaching and clinical practice and aims to further develop her knowledge and skills in Palliative Care. Then in April 2019 Dani was appointed as Macmillan Palliative Care Nurse Practitioner within the team.

**Charlotte Scott-** **Macmillan Specialist Palliative Care Nurse**

**Professional Qualifications**: Bsc (Hons) Adult Nursing

**Academic Qualifications:** Core Themes in Palliative Care (Level 4) module, Specialist Pallitative Role Development (level 4) module, Head and neck cancer care (level 5) module, Supporting & assessment in practice (level 4) module, Advanced communication skills (level 5) module

**Relevant Additional Training:** Chemotherapy administration, SAGE &THYME

**Professional Career:** Post qualifying Charlotte spent 3 years working on a general medical ward at Wigan Infirmary as a band 5 staff nurse; developing an interest in nursing oncology patients and specifically patients with palliative needs therefore she pursued this interest by working as a staff nurse at The Christie Hospital in Manchester. The Christie provided excellent experience in nursing oncology and palliative patients. For personal reasons Charlotte moved to London and spent 9 years at Bart’s health NHS trust, initially as a band 5 and 6 nurse on various oncology wards, developing experience managing complex palliative patients and managerial skills. She was successful in gaining a 12 month secondment with the hospital palliative care team which was made into a permanent band

7 post. For personal reasons Charlotte moved to Stoke and wanting to pursue her career in Palliative Care she joined to team in October 2016.

**Louise Massey-** **Macmillan Specialist Palliative Care Nurse**

**Professional Qualifications**: Registered Nurse - Adult, Specialist Practitioner - District Nursing; Nurse Independent / Supplementary Prescriber (V300)

**Academic Qualifications:** Certificate in Counselling Studies level 2; Principles of Physical Assessment Level 3; BSC (Hons) Specialist Nursing Practice- District Nursing; Teaching and Assessment in Clinical Practice (ENB 998); Diploma in Palliative Care; MA Ethics of Cancer and Palliative Care (Merit).

**Relevant Additional Training:** Level 2 Psychological Support; Advanced Communication Skills (Compton Hospice / Greater Midlands Cancer Network)

**Professional Career:** Louise has been a Nurse Practitioner in Palliative Care for 10 years. Louise’s nursing background is practice nursing, school nursing, inpatient care at hospice and district nursing. During her time in Specialist Palliative Care she has developed an interest in ethical issues around End of Life Care with successful completion of MA in Ethics. Other interests include psychological aspects of care alongside communication skills

In 2019 Louise took early retirement and has returned to work in the team part time.

**Fiona Read -** **Macmillan Specialist Palliative Care Nurse**

**Professional Qualifications**: Bsc Adult Nursing. NMC Registered Teacher Qualification. Post Graduate Certificate in Higher Education.

**Academic Qualifications:** Level 6 Foundations in Stoma Care. Level 6 Paediatric stoma and continence care module. Level 6 Mentorship training qualification.

**Relevant Additional Training:** Advanced Communication Skills

**Professional Career:**

Fiona completed her nursing studies at keele University and during her time spent 3 months on an elective placement in Turkey. She particularly enjoyed placements in the community and with the community palliative care nurse. On qualifying, she worked as a staff nurse on a specialist hepatology and gastroenterology ward. After 12 months she progressed to joining the specialist bowel care team in surgery as a stoma care nurse, many of her patients were having stoma’s for colorectal cancer. Fiona developed in the post and became a clinical nurse specialist in colorectal cancer, whilst also having a quality role in the team. Focusing on facilitating stoma care champions, teaching and education for staff, and also helping the team ensure they met Cancer peer review targets. She was also involved in running one of the first cancer survivorship events in UHNM for patients and their families with colorectal cancer patients. With an interest in Education, Fiona took up a post for 2 years as a teaching fellow at Keele University, educating under graduate student nurses and running specialised post-graduate modules, for level 6 infection prevention and control and level 6 & 7gastroenteroloy modules. Wanting to return to clinical practice, Fiona then spent 5 months working at our local hospice, DMH and then returned to UHNM as a palliative care nurse specialist. She has an interest in psychological support, communication skills, education, research and keen to explore ethical decision making in palliative care.

**Clare Darlington -** **Macmillan Specialist Palliative Care Nurse**

**Professional Qualifications**: Registered General Nurse

**Academic Qualifications:** BSc (Hons) Advanced Professional Studies for Nurses, Midwifery and Health Visiting. Degree level modules: Specialist Palliative Care – Pain & Symptom Control module, Counselling & Communication module. ENB249 - Cardiothoracic Course. Diploma level modules: DC5 - Communication Course, DLE1 - Learning from Experience: Reflection on Practice and Portfolio Development

**Relevant Additional Training:** Psychological Support Level 2, National Advanced Communication Skills Training Programme (ACST), Leading an Empowered Organisation LEO Course (National Leadership Centre)

**Professional Career:** Clare completed her nurse training in Nottingham in 1991 and worked in Cardiothoracic surgery in at Nottingham City Hospital and The Royal Brompton Heart and Lung Hospital where she completed further specialist training. She returned to Nottingham and worked in various posts in the Cardiothoracic Unit at Nottingham City Hospital providing direct care for patients on the ward and subsequently as a Cardiac Rehabilitation Nurse and Clinical Educator developing an interest in support and education for both patients, their families and health care professionals. In 2004 Clare became a Lung Cancer Nurse Specialist, caring for patients with Lung cancer, supporting them throughout the pathway from pre-diagnosis, diagnosis, treatment and supportive care. Enabling Clare to be involved in projects both locally and nationally. This allowed her to develop a keen interest in palliative care and ultimately resulting in her moving to Stoke on Trent in Jan 2019 to join the Palliative Care team at UHNM.

**Maggie Hogan-** **Macmillan Specialist Palliative Care Nurse**

**Professional Qualifications**: Registered General Nurse

**Academic Qualifications:** Dip HE Adult Nursing and BSc (Hons) Adult Nursing

**Relevant Additional Training:** Mentorship course, sign off mentor, Foundations in palliative care course (St Christopher’s Hospice)

**Professional Career:** Maggie completed her training at Keele University in 2003 and worked on the Neurology ward as a staff nurse at Stoke for seven years, following this Maggie went on to work in the Dermatology department as a staff nurse. In 2010 Maggie moved back to London and worked as a community staff nurse, where she developed an interest in palliative care. Following on from this Maggie worked as Staff nurse at The National Hospital for Neurology and Neurosurgery. In 2012 Maggie started Working at St Christopher’s Hospice as a Staff Nurse, during her time at the hospice she became a deputy ward manager and later on the Discharge Coordinator. In April 2019 Maggie joined the palliative care team at UHNS.

**Charmaine Butcher – Macmillan End of Life Care Facilitator/ Macmillan Specialist Palliative Care Nurse**

**Professional Qualifications**: BSc (Hons) Registered Nurse- Adult Nursing

**Academic Qualifications:** BSc Adult Nursing, Level 7 Post Graduate in Critical Care practice, clinical effectiveness and clinical practice

**Relevant Additional Training:** On-call organ donation nurse, Advanced Communication Training, CISM Training, Introduction to CBT.

**Professional Career:** Charmaine did her training at Chester University and Leighton Hospital. During her time at Leighton she was involved in multiple quality improvements to help improve the care for patients and families in the hospital. Upon qualifying she worked in Critical Care at Stoke for nearly 4 years. During this time she was able to do additional training to work alongside the organ donation team and be an on-call organ donation nurse, a role she still does. Charmaine’s passion in critical care was caring for palliative patients and making a difference to their families. She enjoyed the teaching side to role and would mentor students and new nurses. Wanting to pursue a career in palliative care she joined the team as an End of Life Care Facilitator/Macmillan Specialist Palliative Nurse. This role allows her to focus on education and research for the Trust but also stay clinical reviewing patients. In 2018 she has started the master degree pathway at Keele University and has completed her post graduate certificate. She plans to continue her studies in the coming years. Charmaine is interested in education, research, communication skills, and ethical decisions in palliative care.

**Milly Cantre - Macmillan Specialist Palliative Care Nurse**

**Professional Qualifications**: Registered Nurse – Adult Nursing

**Academic Qualifications:** BS Psychology, BS Nursing, Ongoing BSc Hons Clinical Practice

**Relevant Additional Training:** Foundations of Palliative Care- Marie Curie

**Professional Career:** Milly worked as a staff nurse at Marie Curie Hospice in London following completion of the Overseas Nurses programme in 2011. Milly completed her mentorship module whilst working at the hospice as a junior ward sister. Since moving to Stoke-on-Trent in 2016, Milly has worked different roles in various organisations in the community. She briefly worked as the NANS Palliative care co-ordinator for SSOTP Palliative care coordination centre and as a unit manager in a nursing home. Milly has also worked as a Senior Staff Nurse at Douglas Macmillan Hospice where she was supported to complete her Health Assessment module as part of her BSc Clinical practice which she is currently undertaking.

**Martha Kirkham -** **Macmillan Specialist Palliative Care Nurse**

**Professional Qualifications**: Registered General Nurse

**Academic Qualifications:** Dip HE Adult Nursing

**Relevant Additional Training:** Mentorship course, Holistic Health assessment module, further modules towards completing Acute Care pathway BSc (Hons) Adult Nursing.

**Professional Career:** Martha completed her diploma in nursing at Keele University in 2013, going on to work on the Acute Lung Unit (ward 222/Non-invasive Ventilation Unit) for five years. While there she developed her role, working initially as a staff nurse as part of their nurse-led team, eventually going on to be a band 6 Senior Nurse on the unit. Whilst there she started her degree pathway in Acute Care; including her Mentorship, Holistic Health Assessment and dissertation modules. This is where Martha also began to develop her interest in palliative care, nursing many patients with end stage conditions, such as COPD, pulmonary fibrosis, MND and Lung cancer. She began to develop palliative skills, learning to manage breathlessness, anxiety, terminal agitation and other end of life symptoms. Also developing her communication skills; with difficult conversations and breaking bad news. Following this Martha worked for 2 years at Severn Hospice, in Telford, on the inpatient ward, taking a break from her degree studies but working on increasing her palliative knowledge and skills in a specialised palliative area. Martha joined the UHNM Specialist Palliative Care team in 2019 due to her interest in improving end of life care within the acute setting, and with the plan to complete her degree.

**Sam Matthews -Macmillan Specialist Palliative Care Nurse**

**Professional Qualifications**: Registered Nurse – Adult Nursing

**Academic Qualifications:** BSc Adult Nursing, Postgraduate Disploma Diabetes, MSc Climate Change, BSc Geography

**Relevant Additional Training:** Registered Clinical Supervisor, e-learning programme End of Life Care for All (e-ELCA)

**Professional Career:** Qualified as RN in September 2015. Staff Nurse in General Medicine (Ward 113) at Royal Stoke up until April 2017. 6 months as Inpatient Diabetes Specialist Nurse at Watford General Hospital. 2 years at the Douglas Macmillan Hospice on the Inpatient Unit as a Staff Nurse and Senior Staff Nurse. Currently undertaking Health Assessment in Clinical Practice and hope to go onto non-medical prescribing.

**Kim Leadbeater- Nursing Assistant – Palliative care Team**

**Qualifications:** Health and Social Care Level 2 & 3 BTEC

**Career:** Kim has worked as a healthcare assistant for 13 years, providing care and support for the elderly within a residential care setting, in this time Kim has attended training to improve skills around Dementia awareness and End of Life care, Kim also attended an in-house medication management course to provide knowledge and skills to prepare and administer medication to those in her care. Kim became a senior carer within the residential home which involved care planning, and liaising with the local district nursing teams. Over the last 5 years 2015-2020 Kim has supported individuals with complex learning and physical disabilities, including epilepsy, autism, ADHD, and multiple co morbidities. In this time Kim has received training in Epilepsy awareness, PEG tube feeding, use of Epilepsy PRN medication and Positive Behaviour Management Strategies to provide support to individuals with challenging behaviour appropriately. Kim has attended Communication training aimed at non-verbal communication and the services that can be provided to support people with limited or no verbal communication. Kim has attended Safeguarding training and how to recognise and report abuse. Her role in the Palliative Care Team now is to provide Administration support to the team and in time will develop the role more clinically and in the future undertake nurse training within the trust.

**Hazel Bevington - Secretary- Palliative Care Team**

**Qualifications:** RSA III Typing, 120 wpm Shorthand, RSA Audio Typing

**Career:** Hazel has vast experience in office administration. She began her working career for a firm of Solicitors and after 3 years moved to the Ministry of Defence for a 7 year period. Following this Hazel joined Combined Healthcare working in perinatal psychiatry. In 2005 Hazel moved to the UHNM and began working with the Specialist Palliative Care Team. Her role primarily is that of MDT Co-ordinator and statistician. Hazel also provides admin support to the palliative care team.