



**PATIENT PROCEDURE INFORMATION LEAFLET**

# **ANORECTAL MANOMETRY**

## **Why do I need this test?**

You will have attended for an outpatient appointment with problems associated with faecal incontinence or constipation, or other bowel problems.

Your Consultant has requested this test to establish what is causing your particular problem so that they can offer the most appropriate treatment.

## **What is Ano-rectal Physiology?**

This test measures pressure in the back passage (rectum) by using a fine catheter. The test will detect how good the muscle function is in controlling the bowel motions and wind. A small balloon will be inserted into the rectum to look at sensations levels.

You will be asked to undress from the waist down and to lie on a couch, covered with a sheet. Every effort will be made to preserve your privacy and dignity during the procedure.

A small tube (catheter) is then placed into your rectum. Small volumes of air will be introduced into the balloon and you will be asked to record your sensations as this is done.

## **How long will the test take?**

The test will take about 20 minutes.

## **Do I need to take bowel preparation?**

No special preparation is necessary; you are required, if possible to have a bowel movement before coming for the test.

## **Medication**

You may continue to take your prescribed medication as usual.

## **Who performs the test?**

The test is performed by an experienced Gastrointestinal Physiologist in the Endoscopy Department, Main Building, Lower Ground 1 at the University Hospital of North Midlands.

## **What happens after my test?**

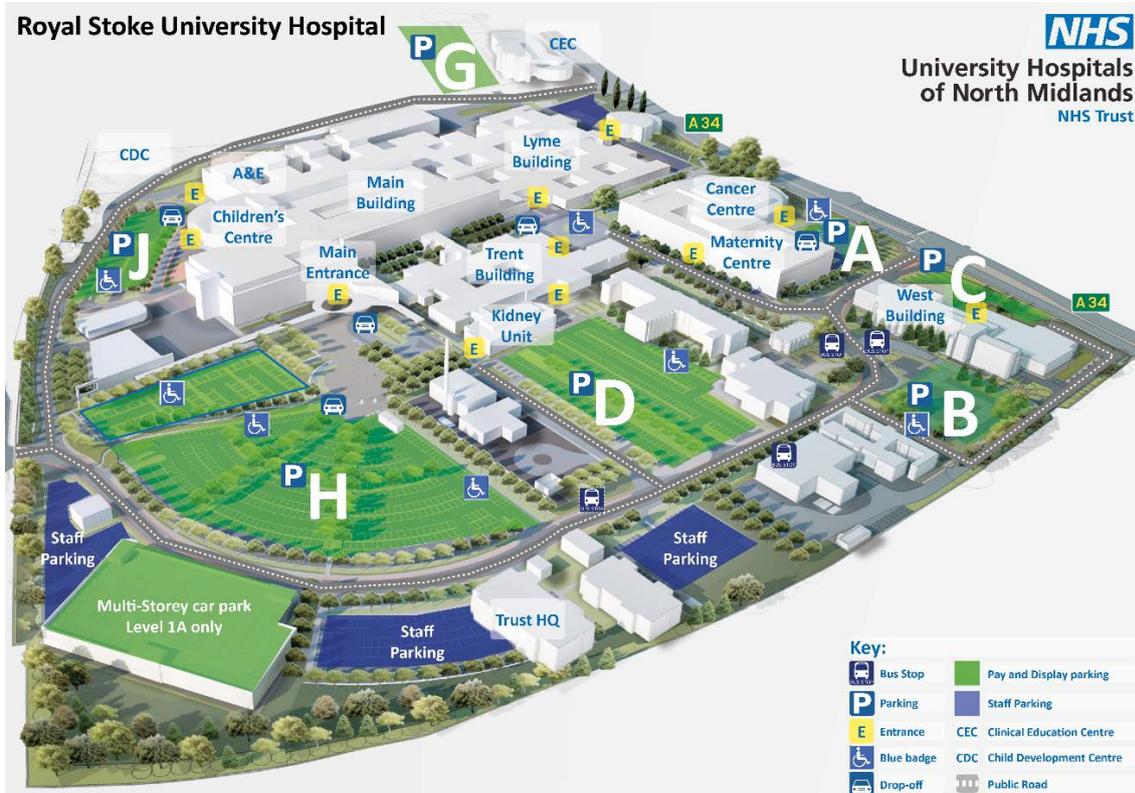
A report will be sent to your consultant who will give you a diagnosis and discuss treatment at a future appointment. A copy of the report will also be sent to your GP.

## **Are there any side effects?**

This procedure is known as an invasive procedure, but previous research has not shown any harmful effects associated with this test. If you drive yourself in, you should be able to drive home immediately afterwards.

## Getting Here

Royal Stoke Hospital, Newcastle Road, Stoke-on-Trent, ST4 6QG.



**Please note car parking charges will apply.**

There is a shuttle bus service from County to Royal Stoke at a charge of £5 return. Please call 01782 824232 to arrange a place on the bus.