

**Wheezy?  
Breathless?  
You are not alone!**



Breathe Easy North Staffordshire is your local support group for anyone living with a lung condition including carers, friends and family.

As well as finding out more about your lungs you will also be invited to attend outings and trips.

You are very welcome to join us at our meetings for guest speakers and refreshments on:

**1st Friday of the month  
1.30pm - 3.30pm**

City Central Library. Bethesa Street. Hanley. Stoke on Trent.

For more information please phone  
Keith on 01782 536283

BLF Helpline  
03000 030 555  
[www.blf.org.uk/helpline](http://www.blf.org.uk/helpline)

Leading  
the fight against  
lung disease