

## Contacts

### MS ResponseStoke

9am-5pm on weekdays

Tel: 01782 679462 & 679464 (Fax 08442448530)

[multiplesclerosisnurses@uhns.nhs.uk](mailto: multiplesclerosisnurses@uhns.nhs.uk)

### Secretaries

Royal Stoke: 01782 679462

County hospital: 01785 230238

Leighton Hospital: 01270 273630

## Other Services

### Keele MS Research Group

There are many on going clinical trials for new medications within our research MS team.

Your MS nurse can discuss these in details and if you are interested, you will be referred for further information and assessment for eligibility into different clinical trials.

### Psychological Therapy Services

We offer MS patients psychological services to support them with their diagnosis and day to day lives. These are available on a one to one basis as well as group psychology sessions which are run for 16 weeks twice a year if the therapist thinks you will benefit from this intervention. Please ask your MS nurse for more details

### Rehabilitation Services

Available Rehab services include a multidiscipline Rehab Team at the Haywood Hospital, in addition to community-based Rehab, OT, Physio and other healthcare professionals. Your MS nurse can discuss with you what is the best option for your needs.

## Other useful resources

### Multiple Sclerosis Trust

Telephone: 01462 476 700

Web: [www.mstrust.org.uk](http://www.mstrust.org.uk)

### National MS society

Telephone: 0808 800 8000

Email: [www.mssociety.org.uk](http://www.mssociety.org.uk)

Local branches MS society:

### North Staffs Branch MS society

Telephone: 07702493001

### South East Cheshire branch MS society

Telephone: 01270 761 570

### Cannock Branch MS society

Telephone: 01785 714487

### Burton- On-Trent branch MS society

Telephone: 07769 114 912

Email: [contactburtonms@yahoo.co.uk](mailto:contactburtonms@yahoo.co.uk)

### Macclesfield branch MS society

Telephone: 01625 430 933

Email: [macclesfield@mssociety.org.uk](mailto:macclesfield@mssociety.org.uk)

Royal Stoke Multiple  
Sclerosis Centre  
Outpatient 3, Main Building  
Royal Stoke University Hospital  
Newcastle Road  
Stoke-on-Trent  
ST4 6QG

# Royal Stoke MS Centre

MS Rapid Diagnostic and Treatment Centre of Excellence



Welcome to the Royal Stoke  
MS Centre, the regional centre  
of excellence, providing:

- Rapid access to specialised advice
- Fast-tracked access to diagnosis
- Rapid access to specialised treatments
- Coordination of long-term needs close to home

# Welcome to the Royal Stoke MS Centre of Excellence

This Centre is part of our new MS services development at the UHNM which is expanding; more than 2,500 people utilize the service today.

The Royal Stoke MS Centre is a dedicated space at our outpatient department delivering diagnostic clinics for suspected MS and related conditions in addition to specialised Clinics and treatment facilities for people with MS.

The Centre is attached to community-based MS Clinics covering Staffordshire, Cheshire, Derbyshire and surrounding areas to deliver specialised services close to home.

## Consultant Neurologists:

- Dr A Al-Araji (Clinical Lead)
- Professor C.P Hawkins (Research Head)
- Dr C Moor,
- Dr R Abraham
- Dr J Partridge,

## MS Clinical Nurse specialists:

Nikki Embrey, Claire Lowndes, Karen Sheldon, Lucy Ruscoe and Martine Jeffcott.

## Clinical Psychological Therapist:

Karen Ellis

## Rehab Team:

A Multi-disciplinary Team at the Haywood Hospital. Varying Clinical Rehabilitation Teams based in different Community locations - ask about your specific area

## Medical Secretaries:

Lisa Locklin, Sandra Tinsley, Holley Aston-Brooks and Jenny Pakeman

## Research Team:

Clinical Nurse Specialist - Emily Howard.

## Our Aims

- Rapid access to specialised MS advice when needed
- Fast-tracked access to diagnosis
- Rapid access to specialised MS treatments when indicated.
- Specialised service close to home through community-based satellite clinics
- Coordination/Liaison of long-term needs with different specialties
- Quality support and education for people with MS, their families and carers

## What types of clinics/services are available

**MS ResponseStoke** - A dedicated MS nurse on-call service dealing with phone line, urgent needs, and supporting acute neurology team at A&E and wards.

**Newly Diagnosed Clinic** - An opportunity to learn more about MS, treatments, self-management choices, local services and living well with MS.

**Relapse Assessment Clinic** - Review of patients who think they may have had a relapse to advise about the most appropriate action.

**Symptoms Management Review** - Review of patients symptoms, triggers and types.

**Disease Modifying Treatment (DMT) Clinics** - To assess for eligibility for of both first and second line treatments, annual reviews and regular checks on treatments including assessments before infusions of specialised treatments.

**Neuroinflammation Diagnostic Clinic** - Consultant-lead clinic to assess people with suspected MS or related conditions.

**Home visits** - Can be arranged by your MS nurse if this is required in special circumstances.

**Infusion Suite** - Situated at our Centre to deliver specialised medications that need infusions like Steroid or Tysabri.

## How to access our services?

**Initial Referrals:** To access our service, you must first be referred. In the NHS, you have the right to be referred to the service of your choice. Your GP can refer you to the “Royal Stoke MS Centre” providing the details of your condition.

If you are known to our service and would like to contact us, please telephone or email for an assessment. You should contact us if:

- You have any questions about your condition or treatment options.
- Are concerned by symptoms that you are experiencing.
- You think that you may be having a relapse.
- You are finding it difficult to cope with living with MS.
- You need advice about medication.
- You are managed in another service and are interested in a second opinion.
- You require any written or verbal information on MS

## MS ResponseStoke:

Monday - Friday 0800-1700

Helpline: (01782) 679462 & 679464

Email: [multiplesclerosisnurses@uhns.nhs.uk](mailto:multiplesclerosisnurses@uhns.nhs.uk)

We aim to ring you back within two working days of contact if the matter is urgent. We regard relapse, severe side effects or urgent medication queries as an urgent phone call.

If the call is not of a urgent nature we will call you back within three working days. Please leave the following details:

- Name
- Unit number
- NHS number (if known)
- Date of Birth
- Contact telephone number.